

WSUH - WSU First-Year Seminar: Health Professions

Courses numbered 100 to 299 = *lower-division*; 300 to 499 = *upper-division*; 500 to 799 = *undergraduate/graduate*.

WSUH 101. Introduction to the University-HP (3).

Designed especially for first-year students in their first semester at WSU, this course prepares students to succeed in college. Helps students form connections with each other, with faculty, with campus services and with the institution as a whole. It assists students in developing intellectually, emotionally and socially. It provides information and training about: college expectations, academic majors, careers and life planning; study skills and test taking, teaching and learning styles, respecting diversity of thought and culture, critical thinking, leadership, university policies and procedures, managing time and money, health and wellness, and the benefits of engagement in student organizations. Encourages and supports students as they adjust to college life and promotes reflective learning. In addition to other course projects, students create an individualized graduation plan through a collaborative process that involves academic advisers, the course instructor and peer mentors assigned to the course. Students who successfully complete this course have greater academic success and an improved rate of graduation compared to students who do not take this class.