Sports and Recreation

WSU Sports

Numerous sports and recreation programs exist at the university.

As an NCAA Division I member, Wichita State competes in the American Athletic Conference. WSU teams compete in men's and women's basketball, baseball, softball, men's and women's cross country, men's and women's indoor and outdoor track and field, men's and women's tennis, men's and women's golf, and women's volleyball. The women's bowling program is a new NCAA Division I sport at WSU in 2024-25 and competes in Conference USA. The university fields teams in men's bowling and men's and women's rowing as independent sports.

There is also an extensive campus recreation program. Club sports include eSports, cheer team, dance team, racquetball, soccer, men's volleyball, wheelchair athletics, ice hockey, aikido and more. Intramural sports include flag football, basketball, table tennis, badminton, soccer, softball, bowling, swimming, racquetball and more.

Students with a current Shocker ID card are admitted free to all varsity athletic events.

Sport Facilities

The 10,506-seat *Charles Koch Arena*, which is used for intercollegiate basketball and volleyball games; the 7,851-seat *Eck Stadium – Home of Tyler Field*, home to the Shocker baseball program; the *Sheldon Coleman Tennis Complex* with eight lighted courts, home to WSU's intercollegiate tennis program; the 1,000-seat *C. Howard Wilkins Softball Facility* for intercollegiate softball; the 24,000-seat *Cessna Stadium* for intercollegiate track and field; and the Shocker Sports Grill and Lanes inside the Rhatigan Student Center for women's bowling. Visit Shocker sports online (https://goshockers.com)[1].

[1] Link opens new window.

Campus Recreation

Campus Recreation is here to shape your Shocker Experience! We offer many ways for you to get involved on campus, explore the community, and gain essential leadership skills for your future. Make friends and get connected through intramural programs, club sports and Shocker Rowing. Stay fit and try new experiences at one of our many facilities including the Heskett Center, Boats and Bikes, or our outdoor playing fields.

We host over 100 events, programs and experiences each year and are open to new ideas every day. Some of our program highlights include Clash of the Colleges, Pumpkin Run and Puppy Paddle. Special events throughout the year are focused around competitions, entertainment and so much more.

Three Locations

Heskett Center: Main Campus

- Inside:
  - Five convertible basketball/volleyball/badminton courts;
  - A 200-meter, six-lane indoor track;
  - Performance Suite: strength and conditioning;
  - Esports Hub: 20 computers, two consoles;
  - F45® studio: Functional Fitness in 45 minutes;
  - 17 station Cybex® Eagle line circuit room;
  - 25 meter lap pool and 12 foot deep diving well; and
  - Locker rooms with showers and a dry sauna.
- Outside:
  - Kouri Parcourse: eight different exercise pieces.

Metroplex Playing Fields: Eugene M. Hughes Metropolitan Complex

- Three natural-grass fields, used for intramural sports as well as numerous club sports throughout the year.

RiverVista Boathouse: Downtown

- Home of Shocker Rowing. Indoor area includes shell storage, men and women's locker rooms, maintenance area and more.
- Location of Boats and Bikes. Where you can rent a variety of water and land equipment.

Programs

Programs encompassing all sorts of fantastic opportunities for fitness and fun and relaxation

- **Aquatics**
  The natatorium is the perfect place to get an impact free workout, have a little fun with friends or learn to swim. The consistently clean and controlled water/air temperature facility is available for lap swimming, diving, open recreation and more. All under the watchful eye of trained lifeguards. Splash away with friends while playing water basketball, water volleyball, jumping off the diving boards and a host of other fun activities.
- **44 Intramural Activities**
  Fuel some competitive fire by participating in intramural activities through Campus Recreation. Open to all students. Intramural sporting events range from single-day tournaments to multi-week leagues. Leagues: *Men, Women, Co-Rec, Fraternity, Sorority;*
  - Basketball, Billiards, eSports, Futsal, Flag Football, Soccer, Softball, Volleyball and more.
- **30/60/90 Minute Massages**
  Whether you're nursing sore muscles, rehabbing an injury or just needing to relieve some stress, our massage therapists can provide the healing touch you need to get back to feeling like yourself again - or better.
- **Fitness in 45 Minutes**
  Shocker Fit is dedicated to providing safe, fun and effective FREE group fitness classes to Wichita State University students and Campus Recreation members. All of their instructors are trained and passionate about providing a variety of classes to challenge ALL fitness levels.
  - F45®, Glide Fit™ and Glide Fit™ Yoga
- **Shocker Rowing**
  A national player, taking on such perennial powers as Harvard, as well as local and regional competitors. Categorized as an independent varsity sport, the program comprises of both men and women and is divided into Championship, Developmental and Recreational Teams.
- **Events**
  We invite everyone to participate in a number of healthy lifestyle events and activities. These events are a collaborative effort between other Wichita State departments, as well as many Wichita area businesses.
  - Beach Party, F45® playoffs, 5k/1k Pumpkin Run, S'mores and Oars, Wellness Expo, and Wu Lifts
- **15+ Sport Clubs**
  Organized and run by students, sport clubs at Wichita State offer a great way to develop skills while engaging in serious competition.
  - Barbell, Baseball, Cricket, Disc Golf, Fishing, Gaming, Golf, Kickboxing, Shooting Sports, Soccer, Table

Tennis, Taekwondo, Ultimate Frisbee, Volleyball, Wrestling, and WSU Student Officials Association

Campus Recreation is here to provide students with solutions to their fitness, leisure and recreational needs. To learn more about the programs and services provided check out the Campus Recreation website (http://wichita.edu/campusrec/)[1], Facebook (https://www.facebook.com/WichitaStateCampusRecreation/)[1], Instagram (https://www.instagram.com/wichitastatecar/)[1], or speak with a guest services assistant at 316-978-3082.

[1] Link opens new window.