

Minor in Exercise Science

The exercise science minor provides minimum knowledge for careers in the exercise industry. It consists of 15 credit hours including the following courses:

| Course | Title | Hours |
|--------------------|--|-------|
| HPS 229 | Applied Human Anatomy | 3 |
| HPS 313 | Exercise & Sport Nutrition | 3 |
| HPS 328 | Biomechanics of Human Movement | 3 |
| HPS 440 | Concepts in the Prescription of Exercise | 3 |
| HPS 490 | Physiology of Exercise | 3 |
| Total Credit Hours | | 15 |

At least 12 credit hours must be taken at WSU. A minimum GPA of 2.500 in the minor courses is required.