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# **Human Performance Studies**

The mission of the department of human performance studies is to prepare students for careers in athletic training and exercise science as well as to provide the university community with physical activity experiences. Students are provided with quality instruction and practical experiences by faculty who engage in intellectual inquiry and service to the community and profession. The following degrees are offered: BS degree in exercise science. This degree area provides students with a quality education leading to numerous career opportunities.

# Athletic Training Program (ATP)

The department of human performance studies offers a graduate degree in athletic training. The mission of the Athletic Training Program (ATP) at WSU is to provide a comprehensive program of academic coursework and field experience that will educate athletic training students for entry-level positions in the profession of athletic training. The ATP strives to meet the standards, educational competencies and clinical proficiencies for athletic training education through professional service, research activities and curriculum design. The ATP abides by the policies and procedures as set forth by the Commission on Accreditation of Athletic Training Education (CAATE), National Athletic Trainers' Association Education Council (NATAEC), Board of Certification (BOC) and the Kansas Board of Healing Arts.

#### **Exercise Science**

Wichita State's exercise science program is for those interested in careers involving exercise physiology, sport performance, strength and conditioning, health promotion, clinical exercise-related fields, physical and occupational rehabilitation, medicine, biology of exercise, research and academia or graduate education in health-related fields. The department also has a comprehensive human performance laboratory that is available for students completing exercise science coursework and applied experiential learning.

# **Human Performance Studies Activity Program**

The Human Performance Studies Activity Program represents a variety of 1-credit-hour courses in areas including team activities, individual activities, combatives, fitness activities and aquatics. Activity courses in the service program may be repeated for credit. Students should consult their college requirements to ascertain whether the activity courses will count toward degree requirements.

# Majors in Human Performance Studies

- Accelerated 3+2 Bachelor's Degree to MS in Athletic Training (http://catalog.wichita.edu/undergraduate/applied-studies/human-performance-studies/accelerated-bachelors-degree-ms-athletic-training/)
- Accelerated BS to MS in Exercise Science (http:// catalog.wichita.edu/undergraduate/applied-studies/humanperformance-studies/accelerated-bs-ms-exercise-science/)
- BS in Exercise Science (http://catalog.wichita.edu/undergraduate/ applied-studies/human-performance-studies/bs-exercise-science/)
- BS in Exercise Science Concentration in Strength and Conditioning (http://catalog.wichita.edu/undergraduate/applied-studies/human-performance-studies/bs-exercise-science-concentration-strength-conditioning/)

## Minors in Human Performance Studies

 Minor in Exercise Science (http://catalog.wichita.edu/ undergraduate/applied-studies/human-performance-studies/ exercise-science-minor/)

## Certificates in in Human Performance Studies

- Certificate in Coaching (http://catalog.wichita.edu/undergraduate/ applied-studies/human-performance-studies/certificate-coaching/)
- Certificate in Fitness (http://catalog.wichita.edu/undergraduate/ applied-studies/human-performance-studies/certificate-fitness/)
- Certificate in Weight Training (http://catalog.wichita.edu/ undergraduate/applied-studies/human-performance-studies/ certificate-weight-training/)

## Courses in Human Performance Studies

 Human Performance Studies (HPS) (http://catalog.wichita.edu/ undergraduate/courses/hps/)