AGE - Aging Studies

Note: AGE subject courses in the process of changing to subject code PHS at the time of catalog publication. Check with department for their new PHS subject code and number.

Courses numbered 100 to 299 = lower-division; 300 to 499 = upper-division; 500 to 799 = undergraduate/graduate.

AGE 100. Introduction to Aging Studies (3).
Multidisciplinary overview of the field of aging, with attention to cultural, social, psychological, biological and economic factors which influence the circumstances of the elderly. Course includes diversity content.

AGE 404. Psychology of Aging (3).
General education social and behavioral sciences course. Cross-listed as PSY 404. Examines the issues surrounding the adult aging process. Includes personality and intellectual change, mental health of the elderly, and the psychological issues of extending human life. Emphasizes the strengths of the elderly and preventing the psychological problems of the elderly. Prerequisite(s): PSY 111.

AGE 405. Sociology of Aging (3).
General education social and behavioral sciences course. Cross-listed as SOC 405. Analyzes the social dimensions of old age, including changing demographic structures, role changes and their impact on society.

AGE 408. Biology of Aging (3).
Cross-listed as BIOL 408. An introduction to the phenomenon of aging, including a survey of age-related processes and mechanisms of senescence, emphasizing humans. Prerequisite(s): a basic course in biology that satisfies the general education requirements.

AGE 501. Field Experience (1-6).
Supervised field experience in an agency or organization planning or providing services to older people, individually designed to enhance each student's skills and knowledge of the aging service network. Repeatable for credit up to 6 credit hours. Prerequisite(s): 12 credit hours of aging studies credit and instructor's consent.

AGE 512. Diversity and Aging (3).
General education social and behavioral sciences course. Cross-listed as ETHS 512. Introduces students to issues in aging that are unique to minority older adults. Demonstrates differences in the aging experience by race/ethnicity and addresses the differential patterns of health and illness in later life in relation to race/ethnicity, gender and culture. In addition, the student develops an appreciation for how race/ethnicity affects mental and social dimensions of life. Attention is given to the impact on the social, financial and health aspects of those who speak a language other than English. Course perspective is interdisciplinary, taking into account the physical, psychological, interpersonal and social influences which shape our understanding of the challenges older minorities face when relocating to the United States. Course includes diversity content.

AGE 515. Women and Aging (3).
Cross-listed as WOMS 580T. Introduces students to issues in aging that are unique to women, to women's diverse developmental patterns, and to research methods appropriate for studying aging women and their life experiences. Topics include physical change, role transitions and adaptation from a life span perspective. Course includes diversity content.

AGE 516. Age, Work and Retirement (3).
Examines the basic implications of population aging on work life and retirement opportunities, now and in the future. Explores factors that may place individuals at risk for economic insecurity as they grow older. Topics covered include the current situation in the United States and other countries, examines the economic status of older Americans, addresses retirement policies in the private sector, social security and health care issues.

AGE 520. Family and Aging (3).
Cross-listed as SOC 520. Analyzes the families and family systems of older people. Emphasizes demographic and historical changes, widowhood, caregiving and intergenerational relationships as these relate to the family life of older people. Course includes diversity content.

AGE 525. Dying, Death and Bereavement (3).
A broad overview of the psychological aspects of death and dying in our society. Topics include attitudes toward and preparation for death, the understanding of and care for terminally ill patients, funeral rituals, burial, mourning and grief practices; suicide and euthanasia. The class involves experiential learning activities such as personal preparation for death and field trips such as visiting a funeral home. These learning activities are designed to help the student be better equipped to help those who must make such preparations for themselves or loved ones.

AGE 527. Introduction to Sexuality and Aging (3).
Focuses on all aspects of sexuality and aging and the issues that arise with respect to sexual behavior as humans age. Examines human sexuality over the life course, focused on the experiences of those 65 and older and the impact of chronic disease, cognitive decline and physical disabilities on sexual attitudes and behaviors. Addresses key concerns regarding sexuality and aging, including misconceptions about sexuality and aging as well as the problems with sexuality that members of the aging population sometimes face. It also looks at solutions, treatments and techniques that can be applied to help address some of those problems. The course perspective is interdisciplinary, taking into account the physiological, psychological, interpersonal and social influences which shape our understanding of sexuality in the aged.

AGE 529. Caregiving and Aging (3).
Explores caregivers' gender roles, cost of caregiving, managing stress, respite care, finding resources, financial and legal matters, emerging caregiving trends, and long distance caregiving. Caregiving is often stressful to the caregiver. Attention is given to caring for the caregiver, informal versus formal caregiving, the importance of various services for the health of the caregivers themselves, working with professional caregivers, and emerging trends in caregiving.

AGE 550. Selected Topics in Aging Studies (1-3).
Study in a specialized area of aging studies with the focus upon preprofessional programs and current issues in the field of aging. Emphasizing knowledge and skills in applied areas of aging studies as they relate to an emerging area of research and application. Repeatable for credit up to 6 hours. Prerequisite(s): instructor's consent.

AGE 559. Successful Aging: Theory, Research and Practice (3).
Cross-listed as PSY 559, SCWK 559, and SOC 559. Reviews current interventions which promote successful aging. Theoretical bases of this work in biomedical and life span/developmental psychology are featured. Intended for students in the College of Health Professions, Liberal Arts and Sciences, and Engineering. Course includes diversity content. Prerequisite(s): AGE 100, or PSY 111, or SCWK 201, or SOC 111.
AGE 559H. Successful Aging: Theory, Research and Practice Honors (3).
Cross-listed as PSY 559, SCWK 559, and SOC 559. Reviews current interventions which promote successful aging. Theoretical bases of this work in biomedical and life span/developmental psychology are featured. Intended for students in the College of Health Professions, Liberal Arts and Sciences, and Engineering. Prerequisite(s): admission to graduate school. This work in biomedical and life span/developmental psychology are featured. Intended for students in the College of Health Professions, Liberal Arts and Sciences, and Engineering. Course includes diversity content. Prerequisite(s): AGE 100, or PSY 111, or SCWK 201, or SOC 111.

AGE 560. The Aging Network (3).
An overview of federal, state and local programs concerned with planning, managing or direct delivery of services to the older population.

AGE 564. Assisted Living Management and Operations (3).
Designed to broaden the understanding of operating and managing a long-term care community — specifically assisted living communities. Students gain an understanding of human capital demands, cross-functional departmental dependences, financial and budgetary requirements, as well as the relationship between operational excellence and quality of life for the resident.

AGE 622. Public Health and Aging (3).
Explores the study of aging and the range of health issues that older persons, their families, their providers and society will face in the next decade. Presents an overview on aging from different perspectives: demography, biology, epidemiology of disease, physical and mental health disorders, functional capacity and disability, social aspects of aging, and ethical issues in the care of older individuals.

AGE 624. Community Programming (3).
Reviews the importance of social engagement in the improvement and maintenance of well being in older adults. Students learn the importance of planning, implementing and evaluating innovative programming and events for people aging in place and aging in community.

AGE 626. Senior Living Hospitality (3).
Explores best practices for service excellence at senior living communities. Students gain in-depth understanding of the current senior living landscape and have the opportunity to utilize the principles of environmental psychology to plan senior living environments that support health and wellness through informed design. Topics covered include marketing, culture change and generational trends surrounding expectations of senior living.

AGE 702. Research Methods (3).
Cross-listed as PADM 702. Provides foundational and advanced knowledge and skills to prepare students to develop research studies and locate, appraise and apply age-related research to answer clinical questions. Emphasizes principles of evidence-based practice, research design and methodologies, framing research questions, and interpretation of basic and advanced statistics necessary to critically evaluate, interpret and apply age-related research to industry challenges. Fulfills the university's professional and scholarly integrity training requirement addressing research misconduct, publication practices and responsible authorship, conflict of interest and commitment, research ethics, data management, sharing and ownership.

AGE 710. Skilled Nursing Home Management and Operations (3).
Analyses nursing and operational management in the U.S. as a response to chronic illness, disabilities and rehabilitation services within skilled nursing communities. Addresses system and organizational aspects that affect outcomes including regulatory requirements, reimbursement and quality management as key performance indicators. Examines financial and quality related implications that facilitate bridging interdisciplinary gaps and result in the provision of the ultimate care experience with compliant and accurate reimbursement methods and individually tailored models of care.

AGE 717. Health Communications and Aging (3).
Multidisciplinary, empirically-based consideration of emotions, behaviors, beliefs and attitudes related to aging and the process of communicating with older adults. Topics include: approaches to communication and aging, current evidence about communication and the aging population, interpersonal and intergenerational communication, mass communication and aging, health and health care interactions (patient-physician communication, etc.), older adults and technology, and cultural change. Students develop applied skills and critical thinking. Applications to public health are explored throughout the course.

AGE 718. Family Care Management (3).
The course builds a solid foundation in care coordination for older adults and navigation of family dynamics for professionals working in health care. This class is intended for students who need access to these skills in an administrative role, or who are in contact with older adults and their loved ones as they transition to and from various health care settings. Key family care management functions covered include patient education, medication management and adherence support, risk stratification, population management, coordination of care transitions, and care planning. Case studies and contemporary issues focus heavily on becoming a provider of choice in a senior living environment.

AGE 720. Independent Readings (1-3).
Supervised study of special topics and problems relating to older adults. Repeatable for credit up to 6 credit hours. Prerequisite(s): program consent.

AGE 765. The Medicare System (3).
Explores the many intricacies of the Medicare and Medicaid programs. Emphasizes the application of course material to the development of the student's understanding of how these two programs affect the use of medical services among covered populations. Includes lecture, group and individual examination of the literature, and analysis of case studies.

AGE 780. Physical Dimensions of Aging (3).
Cross-listed as HPS 780. Develops an understanding of the complex physiological changes that accompany advancing age and the effects of physical activity on these factors. Also develops an appreciation for how functional consequences affect mental and social dimensions of life. Attention is given to sensory, motor, cognitive and psychological changes. Emphasizes factors associated with the preparation, implementation and evaluation of research projects involving older adult populations.

AGE 781. Cooperative Education (3-6).
Provides practical field experience, under academic supervision, that is suitable for graduate credit and complements and enhances the student's academic program. Repeatable for credit up to 6 credit hours. These 3 to 6 credit hours may meet degree requirements (if approved by the academic advisor) in place of AGE 810. AGE 781 is graded Cr/NCr, while AGE 810 is letter graded. Prerequisite(s): 12 credit hours of aging studies and instructor's consent.

AGE 798. Perspectives on an Aging Society (3).
Introduces the advanced study of the process of aging from a multidisciplinary point of view. Provides an analysis of the physical, mental and social age-related changes, as well as implications of population aging trends for individuals and society. Not open to students with an undergraduate major or minor in aging studies. Prerequisite(s): admission to graduate school.