Human Performance Studies

The mission of the department of human performance studies is to prepare students for careers in athletic training, exercise science and physical education as well as to provide the university community with physical activity experiences. Students are provided with quality instruction and practical experiences by faculty who engage in intellectual inquiry and service to the community and profession. The following degrees are offered: BA degrees in physical education, PreK–12, exercise science and athletic training. Each degree area provides students with a quality education leading to numerous career opportunities.

Athletic Training Program (ATP)
The mission of the Athletic Training Program (ATP) at WSU is to provide a comprehensive program of academic coursework and field experience that will educate athletic training students for entry-level positions in the profession of athletic training. The ATP strives to meet the standards, educational competencies and clinical proficiencies for athletic training education through professional service, research activities and curriculum design. The ATP abides by the policies and procedures as set forth by the Commission on Accreditation of Athletic Training Education (CAATE), National Athletic Trainers’ Association Education Council (NATAEC), Board of Certification (BOC) and the Kansas Board of Healing Arts.

Exercise Science
Wichita State’s exercise science program is for those interested in careers involving exercise physiology, health promotion, clinical exercise-related fields, rehabilitation, medicine, biology of exercise, research and academia or graduate education in health-related fields. The department also has a comprehensive human performance laboratory that is available for students completing exercise science coursework.

Physical Education: PreK–12
Wichita State’s PreK–12 physical education teacher preparation degree program offers a quality education for students desiring a career teaching physical education. The curriculum provides students with a scientific and practical background upon which to base teaching content and methods. The PreK–12 program addresses the importance of a developmentally appropriate curriculum based on the national physical education standards. Students are provided numerous practical experiences to interact with K-12 students in the public schools.

Physical Education Activity Program
The Physical Education Activity Program represents a variety of 1-credit-hour courses in areas including team activities, individual activities, combatives, fitness activities and aquatics. Activity courses in the service program may be repeated for credit. Students should consult their college requirements to ascertain whether the activity courses will count toward degree requirements.

Majors in Human Performance Studies
• BA in Athletic Training (http://catalog.wichita.edu/undergraduate/education/human-performance-studies/athletic-training)
• BA in Physical Education: PreK-12 (http://catalog.wichita.edu/undergraduate/education/human-performance-studies/physical-education-prek-12-ba)
• BA in Exercise Science (http://catalog.wichita.edu/undergraduate/education/human-performance-studies/exercise-science-ba)

Minors in Human Performance Studies
• Exercise Science (http://catalog.wichita.edu/undergraduate/education/human-performance-studies/exercise-science-minor)

Courses in Human Performance Studies
• Human Performance Studies (HPS) (http://catalog.wichita.edu/undergraduate/courses/hps)